

CLAIBORNE MEDICAL CENTER

2021-2023 COMMUNITY NEEDS ASSESSMENT

IMPLEMENTATION PLAN

Identified Community Needs:

1. Mental Health
2. Substance Abuse Disorder
3. Diabetes
4. Obesity

Implementation Strategy to Address Needs:

1. Mental Health

- **Behavioral Health Services Expansion**
 - Psychiatric consult services are now being provided for patients in the Emergency Department and for inpatients at Claiborne Medical Center via tele-health through Peninsula Behavioral Health.
 - Claiborne Medical Center's patients can be referred to Cherokee Health Systems, which is located 4.4 miles away from the hospital, or to the Helen Ross McNabb Mobile Health Clinic, which serves Claiborne County.
 - Covenant Health is using foundation funding to begin offering supportive psychiatric social services to patients in the Emergency Department. This project will begin in the second quarter 2021.

2. Substance Abuse Disorder

- **Peninsula Drug Treatment Program**
 - Claiborne can now refer patients to the Peninsula Medication Assistance Treatment program's Center for Outpatient Services for Substance Abuse. This program offers specialized medications and intensive therapy to treat substance abuse disorders.

- **Empowering Families**
 - Claiborne Medical Center will support and participate with the Claiborne UT Extension staff on the Empowering Families program, which works with at-risk families in Claiborne County.
- **Opioid Lite Program**
 - Claiborne Medical Center's Emergency Department is participating in a Covenant Health system-wide initiative to curb the use of hospital-prescribed opioids. Physicians are prescribing non-opioid drugs when indicated for pain management, both during treatment and upon discharge from the hospital.

3. Diabetes

- **Free Community Education Classes/Workshops**
 - Claiborne Medical Center will provide at least two "Lunch and Learn" community education programs yearly on diabetes and other healthy living topics.
 - Continue partnership with the Claiborne County Health Council and its members to provide and promote diabetic workshops for people with diabetes. This includes programs such as "Take Charge of Your Diabetes" and "Reversing Diabetes."
- **Sponsor and Participate in Community Health Fairs**
 - Claiborne Medical Center will sponsor and participate in community health fairs to provide low- or no-cost access to screenings (including blood sugar screenings) for a variety of audiences, including senior citizens and the local labor force.

4. Obesity

- **Covenant Kids Run**
 - Each year, as part of the Covenant Health Knoxville Marathon, children in kindergarten through 8th grades participate in the Covenant Kids Run. Participants work on completing 26.2 miles of activity with the final mile taking place on race day of the marathon. The intent of the program is to get youth to engage in physical activity and develop healthy habits. Claiborne Medical Center will coordinate with the Claiborne County Schools to encourage participation.
- **Promote Healthy Activities**
 - Claiborne Medical Center has a certified sports medicine training program through Covenant Health. Trainers work with coaches and students at the two high schools in Claiborne County, bringing awareness of injury prevention and safety issues on and off the field. The trainers will also promote healthy activities and sports safety at least two public events each year.

- Continue partnership with the Claiborne Health Council and its members to promote healthy activities for students and families such as the Annual Race for School Health, Walk Across Tennessee and other activities.